

Advances in Exercise and Sports Physiology

Volume 25 Number 4

2020

March

Originals

Effect of Regular Aerobic Exercise on Plasma 3-hydroxyisobutyrate Concentration in Overweight and Obese Men

..... Kanae MYOENZONO, Toru YOSHIKAWA, Jiyeon PARK, Teruo MIYAZAKI,
Akira HONDA, Nobutake SHIMOJO and Seiji MAEDA

73

The Effect of Wearing a Baseball Helmet with a Brim and Ear-guards on Baseball Hitting Accuracy

..... Kohei AKAIKE, Masaki FUMOTO and Sotoyuki USUI

81