ISSN 1340-3141

Advances in Exercise and Sports Physiology

Volume 27 Number 3

2021

Norvember

| 0 | | • | | 7 |
|--------|------------|------------|-----------|----|
| | ris | TII | $n\alpha$ | /6 |
| \cup | $I \cup I$ | $\leq u r$ | ia | u |

Effects of Menstrual Cycle on Flexibility of the Hamstrings in Healthy Young Women

...... Manabu MIYAZAKI and Seiji MAEDA

Comfort Associated with Local Cooling in a Hot Environment: Verification of Peltier Device Cooling

····· Jing CHEN, Riki TAKASU and Hideto TANAKA

45